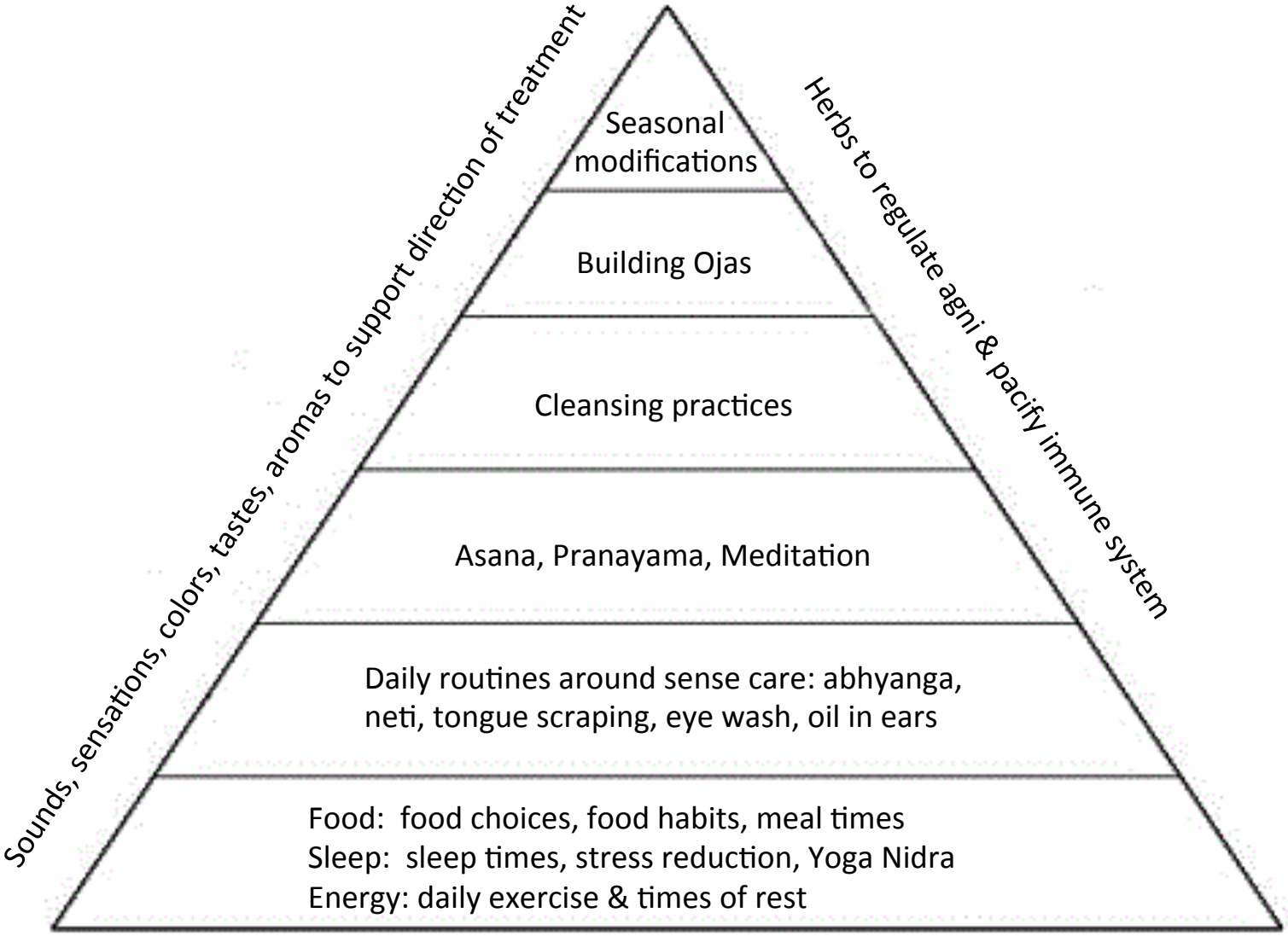
Ayurvedic Pyramid of Health~ A strong foundation is most important!



© Mary Thompson Ayurveda, 2017